


Name:

Date:


How are you doing ?

Mark on the scale to let us know. The nearer the happy face the better things are


Me- How am I doing?

1	2	3	4	5	6	7	8	9	10	
---	---	---	---	---	---	---	---	---	----	---


Family- How are things in the family?

1	2	3	4	5	6	7	8	9	10	
---	---	---	---	---	---	---	---	---	----	---

School- How am I doing at school?

1	2	3	4	5	6	7	8	9	10	
---	---	---	---	---	---	---	---	---	----	---

Everything- How is everything going?

1	2	3	4	5	6	7	8	9	10	
---	---	---	---	---	---	---	---	---	----	---

Look at your scale. What area do you need help with or to talk about?

Any comments?