
	ABSEILING	 Bracknell Forest Council
---	------------------	--

DESCRIPTION:

Teaching abseiling on artificial walls and rock. This is a licensed activity under the Adventure Activities Licensing Authority (AALA), and providers of the activity who operate in a commercial manner must hold a licence. Anyone wishing to undertake these activities must make direct application to Bracknell Forest Council.

QUALIFICATIONS:

The leader must be an experienced rock climber who has attended an appropriate training course such as the British Mountaineering Council Single Pitch Supervisors Award or other recognised award

STAFFING RATIO:

Artificial walls	2 / 10
Rock	2 / 8

PROTECTIVE EQUIPMENT:

Ropes, hard shell climbing hats, climbing harnesses and other appropriate equipment, appropriate footwear, gloves if descending rapidly.

HAZARDS:

- Weather
- Hypothermia
- Injuries sustained from slips and falls,
- Rope burns
- Bruising
- Equipment failure

GUIDANCE:

When taking place on rock this can be a high risk activity and specific approval must be obtained from Bracknell Forest Council.

OTHER INFORMATION:

British Mountaineering Council: <http://www.thebmc.co.uk/>

AALA: <http://www.hse.gov.uk/aala/index.htm>