
	<b>CANOEING AND KAYAKING</b>  <b>SEA</b>	 <b>Bracknell Forest Council</b>
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<p><b><u>DESCRIPTION:</u></b></p> <p>Any water paddle sport activity using a kayak or open canoe at sea or on tidal waters.</p>
<p><b><u>QUALIFICATIONS:</u></b></p> <p>Minimum of:</p> <ul style="list-style-type: none"> <li>• BCU paddle sport level 2 coach (holiday beaches, close inshore and calm conditions)</li> <li>• BCU paddle sport level 3 coach “sea” (moderate tidal waters and quiet slow moving estuaries and tidal rivers)</li> <li>• BCU paddle sport level 3 coach “sea” (Coastal waters in conditions up to force 4 wind strength and moderate surf (up to 1 metre high)).</li> </ul>
<p><b><u>STAFFING RATIO:</u></b></p> <p>1 / 6 participants with a minimum of two instructors</p>
<p><b><u>PROTECTIVE EQUIPMENT:</u></b></p> <p>Warm clothing, wind / water resistant outer shell, a wetsuit, drysuit, or other suitable insulation if deemed necessary, head protection.</p>
<p><b><u>HAZARDS:</u></b></p> <ul style="list-style-type: none"> <li>• Drowning</li> <li>• Hypothermia</li> <li>• Rocky shorelines</li> <li>• Sea conditions</li> </ul>
<p><b><u>GUIDANCE:</u></b></p> <p>The sea has a temperament and character which need to be understood, and not all sea paddling is on calm water. Weather, tides and charts should be considered and activities carefully planned to meet the challenging conditions.</p>
<p><b><u>OTHER INFORMATION:</u></b></p> <p>British Canoe Union: <a href="http://www.bcu.org.uk">http://www.bcu.org.uk</a></p>