



CAVING, POTHOLING AND MINE EXPLORATION



DESCRIPTION:

The exploration of caves, potholes and mines.

QUALIFICATIONS:

Local Cave and Assessment Mine Leader Scheme (LCMLA) qualification from the British Caving Association (BCA). Level 1 for non-vertical systems, or Level 2 for vertical systems with pitches up to 18m explored with ladders.

Those wishing to undertake more ambitious activities should hold a BCA Cave Instructor Certificate.

STAFFING RATIO:

NCA Level 1 horizontal systems – 2 / 8

PROTECTIVE EQUIPMENT:

Appropriate caving overall, hard shell hat, appropriate caving head light, warm clothing, appropriate footwear.

HAZARDS:

- Hypothermia
- Head Injuries
- Drowning
- Getting lost

GUIDANCE:

This is a high risk activity when done at anything more than introductory level, and anyone wishing to lead this activity must make direct application to Bracknell Forest Council.

OTHER INFORMATION:

British Caving Association: <http://www.british-caving.org.uk/>