
	COASTEERING	 <p>Bracknell Forest Council</p>
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DESCRIPTION:

A physical activity that encompasses movement along the intertidal zone of a rocky coastline on foot or by swimming, without the aid of boats, surf boards or other craft. The activity usually involves the traversing of cliffs or rocks close to the sea and may involve jumping from rocks or ledges into the sea. It can be a high risk activity.

QUALIFICATIONS:

There is no specific nationally approved qualification for this activity, but the instructor should have a qualification which may be relevant to the skills required to lead this activity such as Mountain Leader and/or climbing qualifications. Together with an appropriate life saving / first aid qualification.

STAFFING RATIO:

At a basic level 1/12 with a minimum of two adults.

At any higher level 1/8 with a minimum of two adults.

(two adults is defined as one instructor and one other adult who can act as an assistant)

PROTECTIVE EQUIPMENT:

Warm clothing, appropriate footwear, hard shell head protection, wet suits, appropriate buoyancy aids.

HAZARDS:

- Tides and rough sea conditions
- Very cold water
- Hyperthermia
- Drowning
- Injuries sustained from slips and falls

GUIDANCE:

This Activity should only take place under the supervision of appropriately qualified persons.

OTHER INFORMATION:

Leaders must have some knowledge of the activity before making any decision about allowing persons in their care to participate in the activity even if it is being led by an appropriately qualified person.