



**DUKE OF EDINBURGH'S AWARD
BRONZE LEVEL**



DESCRIPTION:

Duke of Edinburgh's Award Expedition section covers offsite training, practice and assessed expeditions on foot, cycling, canoeing, horse riding and sailing.

LAND: Normal rural countryside which can be familiar and local to participants.

CANOEING/ROWING: Canal, rivers of other inland waterways and lakes.

SAILING: Inland waters or sheltered estuaries well within the participants competencies.

QUALIFICATIONS:

Each of these activities will require staff with technical competency in the chosen expedition method.

Foot Expeditions

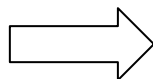
Group Leader on all activities involving camping should hold the minimum of a BEL Level 3 Award or Lowland Leader.

Group Leader on non camping activities involving navigation training should hold the minimum of Countryside Leader Award/L3 Day walk Leadership/ BEL L2/ Gold Award holder or other up to date navigation qualification.

Other staff directly leading/teaching an expedition group must have relevant experience of camp craft and navigation on Bronze level terrain and have undergone a competency based assessment which has been signed off by the group leader.

Supervising staff without qualification or experience are suitable for manning checkpoints and welfare on camp during Practice and Assessed Expeditions.

- Canoeing Expeditions
- Cycling Expeditions
- Horse Riding Expeditions
- Sailing Expeditions



Refer to appropriate activity sheet

STAFFING RATIO:

An expedition group is 4-7 participants unless using a tandem cycle or canoe where group size is 4-8.

EXPEDITION TRAINING (non remote supervision) - 1/ expedition group with a minimum of 2 staff.

PRACTICE EXPEDITIONS- 1 supervisor per 2 expedition groups with a minimum of 2 additional staff may be required in support vehicle.

ASSESSED EXPEDITIONS- 1 supervisor per 2 expedition groups with a minimum of 2 additional staff may be required in support vehicle. If using in house assessors they can be included in the staffing ratio with prior agreement with the assessor.

It may be advisable to increase staff: participant ratio dependant on needs on individual young people.

PROTECTIVE EQUIPMENT:

Participants MUST be adequately equipped for the activity that are undertaking in the outdoors.

HAZARDS:

For all DofE expedition a pre expedition check MUST take place to help minimise risks

- Hypothermia/ Heat Stroke
- Burns. from cooking stoves
- Tent fires
- Slips and falls
- Exhaustion

GUIDANCE:

At any level this can be a high risk activity. Specific approval from Bracknell Forest Council should be obtained.

OTHER INFORMATION:

The Duke of Edinburgh's Award Scheme: <http://www.dofe.org/>
Countryside Leader Award: <http://www.countrysideleaderaward.org/>
Basic Expedition Leadership: The British Sports Trust: <http://www.sportsleaders.org/>
Mountain Leader Training: <http://www.mountain-training.org/home-nations/england>
Adventure Activities Licensing :<http://www.hse.gov.uk/aala/>