



**DUKE OF EDINBURGH'S AWARD
GOLD LEVEL**



DESCRIPTION:

Elements of the Gold DofE may fall within the scope of the Adventure Activities Licensing Authority (AALA), and providers of the activity who operate in a commercial manner must hold a licence.

Anyone wishing to undertake these activities must make direct application to Bracknell Forest Council

Duke of Edinburgh's Award Expedition section covers offsite training, practice and assessed expeditions on foot, cycling, canoeing, horse riding and sailing.

At this level during assessed expeditions staff will not camp with participants, camping level 2 is a requirement with some groups.

LAND-Wild country which is unfamiliar to participants.

CANOING/ROWING: rivers or other inland waterways and lakes in rural areas, sheltered coastal waters or estuaries.

SAILING-Inland waters, estuaries or sheltered coastal waters. Yachts may be used in open seas.

QUALIFICATIONS:

Each of these activities will require staff with technical competency in the chosen expedition method. Staff holding these competencies may be bought in

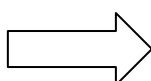
Foot Expeditions

Group Leader on all activities should hold the minimum of, WGL for Wild Country or ML if in Mountainous terrain.

It is recommended that other staff involved in training should hold Countryside Leader Award/L3 Day Walk leader/ BEL L2/L3/Lowland Leader or other up to date navigation qualification or experience of Wild country terrain and must have and have undergone a competency based assessment which has been signed off by the group leader.

Supervising staff without qualification or experience are suitable for manning checkpoints and welfare on camp during Practice and Assessed Expeditions.

Canoeing Expeditions
Cycling Expeditions
Horse Riding Expeditions
Sailing Expeditions



Refer to appropriate activity sheet

STAFFING RATIO:

An expedition group is 4-7 participants unless using a tandem cycle or canoe where group size is 4-8

EXPEDITION TRAINING-(Non Remote) - 1/ expedition group with a minimum of 2.

PRACTICE EXPEDITIONS - 1/ expedition group with a minimum of 2; additional staff may be required in support vehicle.

ASSESSED EXPEDITIONS - 1 supervisor/ expedition group with a minimum of 2; additional staff may be required in support vehicle.

(At Gold level assessors need to be independent from centre.)

It may be advisable to increase staff: participant ratio dependant on needs on individual young people.

PROTECTIVE EQUIPMENT:

Participants MUST be adequately equipped for the activity that are undertaking in the outdoors.

HAZARDS:

For all DofE expedition a pre expedition check MUST take place to help minimise risks

- Hypothermia/ Heat Stroke
- Burns. from cooking stoves
- Tent fires
- Slips and falls
- Exhaustion

GUIDANCE:

At any level this can be a high risk activity. Specific approval from Bracknell Forest Council should be obtained

OTHER INFORMATION:

The Duke of Edinburgh's Award Scheme: <http://www.dofe.org/>
Countryside Leader Award: <http://www.countrysideleaderaward.org/>
Basic Expedition Leadership: The British Sports Trust: <http://www.sportsleaders.org/>
Mountain Leader Training: <http://www.mountain-training.org/home-nations/england>
Adventure Activities Licensing :<http://www.hse.gov.uk/aala/>