



**DUKE OF EDINBURGH'S AWARD  
SILVER LEVEL**



**DESCRIPTION:**

Duke of Edinburgh's Award Expedition section covers offsite training, practice and assessed expeditions on foot, cycling, canoeing, horse riding and sailing.

**LAND**-Normal rural, open countryside or forest, which is unfamiliar to the participants. Include areas of open country and forest.

**CANOING/ROWING**: Canal, river or other inland waterways and lakes in rural areas.

**SAILING**-Inland waters, estuaries or sheltered costal waters.

**QUALIFICATIONS:**

Each of these activities will require staff with technical competency in the chosen expedition method.

**Foot Expeditions**

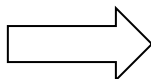
Group Leader on all activities involving camping should hold the minimum of a BEL Level 3 Award; Lowland Leader, WGL, Hill & Moorland Leader or ML will be required if using Wild Country or Mountainous terrain.

Group Leader on activities involving navigation training should hold the minimum of Countryside Leader Award/ L3 Day Walk Leader/ BEL L2 or other up to date navigation qualification. WGL trained or ML trained will be required if using Wild Country or Mountainous terrain.

All other staff directly leading/teaching an expedition group should have relevant experience of camp craft and navigation on Silver level terrain and have undergone a competency based assessment which has been signed off by the group leader.

Supervising staff without qualification or experience are suitable for manning checkpoints and welfare on camp during Practice and Assessed Expeditions.

- Canoeing Expeditions
- Cycling Expeditions
- Horse Riding Expeditions
- Sailing Expeditions



Refer to appropriate activity sheet

<p><b><u>STAFFING RATIO:</u></b></p> <p>EXPEDITION TRAINING-(Non Remote) - 1/ expedition group with a minimum of 2.</p> <p>PRACTICE EXPEDITIONS - 1 supervisor per 2 expedition groups with a minimum of 2 -additional staff may be required in support vehicle.</p> <p>ASSESSED EXPEDITIONS - 1 supervisor per 2 expedition groups with a minimum of 2 -additional staff may be required in support vehicle. (If using in house assessors they can be included in the staffing ratio with prior agreement with the assessor)</p> <p>It may be advisable to increase staff: participant ratio dependant on needs on individual young people.</p>
<p><b><u>PROTECTIVE EQUIPMENT:</u></b></p> <p>Participants <b><u>MUST</u></b> be adequately equipped for the activity that are undertaking in the outdoors.</p>
<p><b><u>HAZARDS:</u></b></p> <p><u>For all DofE expedition a pre expedition check MUST take place to help minimise risks</u></p> <ul style="list-style-type: none"> <li>• Hypothermia/ Heat Stroke</li> <li>• Burns. from cooking stoves</li> <li>• Tent fires</li> <li>• Slips and falls</li> <li>• Exhaustion</li> </ul>
<p><b><u>GUIDANCE:</u></b></p> <p>At any level this can be a high risk activity. Specific approval from Bracknell Forest Council should be obtained</p>
<p><b><u>OTHER INFORMATION:</u></b></p> <p>The Duke of Edinburgh's Award Scheme: <a href="http://www.dofe.org/">http://www.dofe.org/</a>          Basic Expedition Leadership: The British Sports Trust: <a href="http://www.sportsleaders.org/">http://www.sportsleaders.org/</a>          Mountain Leader Training: <a href="http://www.mountain-training.org/home-nations/england">http://www.mountain-training.org/home-nations/england</a>          Adventure Activities Licensing :<a href="http://www.hse.gov.uk/aala/">http://www.hse.gov.uk/aala/</a></p>