

CAF Example Questions - An Assessment tool

(Questions in italics are ideas to use with a young person but all questions can be use depending on age)

Health

General



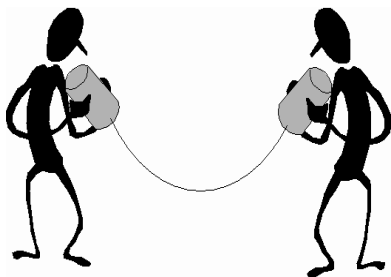
Have you/your children had all injections?
Are you taking any medication at the moment?
What do you do to keep healthy?
Do you visit the dentist regularly?
Is there anything concerning you at the present time regarding you or your child's health?

Physical development



Do you do any physical activities?
Do you wear glasses/hearing aids etc?
What type of physical skills do you/ your child have?
Is there anything that concerns you about your child's development?

Speech, language and communication



Do you find it hard to talk to people?
Do you worry about meeting people in authority?
Do you find form filling difficult?
How do you let you know if you are angry/sad/happy?
Is spoken/written English a problem for you?
Do you use social networking a lot to chat with people?

Identity, self image and social presentation



If you had to name one special thing about yourself what would it be?
What don't you like about yourself?
Do you feel you are different to other people?
Do you have a best friend?
Are there members of the family you don't get on with?
Do you get on with your classmates?

Family and social relationships



Whom do you call family?
How often do you see them?
What do you enjoy doing with the family?
Do you get on with your brother/sister?
Does the child respond to its name?
Can the child identify mum/dad's voice?

Self care and independence



How independent are you/ is your child?
Do you need any help with day to day living?
Do you help mum/dad in the home what can you do?
Have you had to cope with big changes in your life what did you do to cope? (E.g. maybe a change of school)

Learning

Understanding, reasoning and problem solving



What did you do yesterday?
How do you solve day to day problems?
Are your friends the same age as you?
How are you are sorting out day to day problems?
What do you do if you have a problem in the classroom?
Who helps if you get stuck with homework?

Participation in learning



Do you enjoy your job?
Does your child go to nursery or play group?
Do you enjoy school/college/training
What school/college do you go to?
What are your favourite lessons?

Progress and Achievement



What is your favourite subject?
Do you enjoy reading?
Are you Ok with the qualifications you have or would you like help to get others or improve your grades/results?
How do you think you are doing in school/college?
Were you happy with your last report?

Aspirations



What ideas/plans/goals do you have for the future?
How can we help you achieve these?
Do you want some careers advice?
What help do you need with learning to make sure that you do your best in school or at college?

Parents and carers

Basic care, ensuring safety and protection



Is the place where you live warm enough?
Can you make warm food and drinks where you live?
Is there anything about the place/environment that makes you feel unsafe?
How could we help to overcome any concerns that you have?

Emotional warmth and stability



Who lives at home with you?
How long have you lived in your home?
If you do something well who would praise/reward you?
Who cares for you and takes responsibility for you?
If you were upset or frightened who would you go to?

Guidance boundaries and stimulation



Do you find it easy to set boundaries at home? Do you and your partner agree on the boundaries set?
Does your child respond to 'No'?
In general do you think that your parents interested in you and what you do?
Do your parents play with you?
Do you have a quiet place to do your homework?
Do your parents help you and encourage you with schoolwork?

Family history and functioning



When you want to know something about the family who do you ask?
Are there any concerns about illness (mental or physical?)
Describe a typical day in your family
Have there been any concerns regarding substance misuse in the family?
Have there been any recent disruptive events such as breakdown in relationships, job loss or bereavement?

Wider family



Do you have help from relatives nearby?
Are you able to visit/keep in touch with family that live further away
Are their neighbours you trust and will help you?
Who is important in your life other than family members?

Housing, employment and financial considerations



Does anyone in the family have to work away or at night and you don't see them very often?
Is there anything you need to improve things at home, maybe any repairs to the house that need doing?
Is your landlord helpful if you need things done?
Do you need help with job applications or a change in career?
If you have concerns about money who would you go to for help?

Social and Community resources and elements



Do you have any interests out of the home?
If you wanted to take up an activity would you know where to go to do this or to find the information?
Would finance be an issue if you wanted to do an activity?
Are you happy with the quality of learning you can access?
Are you able to access all the local facilities?
Do you feel a part of your local community?