
	<h2>ORIENTEERING</h2>	 <p>Bracknell Forest Council</p>
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DESCRIPTION:

Orienteering is a sport that requires navigational skills using a map and compass to navigate from point to point in diverse and usually unfamiliar terrain, and normally moving at speed. Participants are given a topographical map, usually a specially prepared orienteering map, which they use to find control points.

For all activities outside of establishment terrain or well known parks and woods, this is a licensed activity under the Adventure Activities Licensing Authority (AALA), and providers of the activity who operate in a commercial manner must hold a licence. Anyone wishing to undertake these activities must make direct application to Bracknell Forest Council.

QUALIFICATIONS:

The leader should hold the Club Coach award of the British Orienteering Federation or higher.

STAFFING RATIO:

For activities within establishment terrain or well known parks and woods 1 / 20
For activities outside establishment terrain or well known parks and woods 1 / 15

In all cases there must be at least two supervising adults.

PROTECTIVE EQUIPMENT:

Warm clothing and appropriate footwear.

HAZARDS:

- Weather conditions
- Hypothermia
- Slips
- Falls
- Getting lost

GUIDANCE:

Orienteering is an important vehicle for delivering the Outdoor Adventurous Activity (OAA) within the English National PE Curriculum as well as providing the opportunity for cross curricular links with Maths, Geography and Citizenship Studies. Likewise it offers an exciting multi-dimensional extra curricular activity.

OTHER INFORMATION:

British Orienteering: <http://www.britishorienteering.org.uk/>