
	SUB - AQUA	
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<p><u>DESCRIPTION:</u></p> <p>A swimming and diving activity where there is reliance on artificial breathing aids.</p> <p>Above basic level this becomes a high risk activity and anyone wishing to lead at this level must make direct application to Bracknell Forest Council.</p>
<p><u>QUALIFICATIONS:</u></p> <p>For introducing the sport in pools or sheltered water:</p> <p>The Club Instructor Award of the British Sub-Aqua Club.</p>
<p><u>STAFFING RATIO:</u></p> <p>In controlled situations e.g. swimming pools 1/5</p> <p>In open water 1/1</p>
<p><u>PROTECTIVE EQUIPMENT:</u></p> <p>In open water a wet suit is advisable and an appropriate buoyancy aid should be worn.</p>
<p><u>HAZARDS:</u></p> <ul style="list-style-type: none"> • Weather conditions • Hypothermia • Drowning
<p><u>GUIDANCE:</u></p> <p>It is not recommended that establishments should engage in this activity other than through a relevant club with suitably qualified personnel.</p> <p>Leaders should ensure that participants understand and behave in a responsible manner to minimize personal impact on the areas (and animals) encountered, with due regard to sustainable management of marine resources, the shell trade and the impact of tourism on the environment.</p>
<p><u>OTHER INFORMATION:</u></p> <p>British Sub Aqua Club: http://www.bsac.com/</p>