
	<b>SWIMMING - SEA</b>	
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<p><b><u>DESCRIPTION:</u></b></p> <p>Any form of swimming in the sea.</p>
<p><b><u>QUALIFICATIONS:</u></b></p> <p>The leader and other support staff must be experienced swimmers who are able to make a risk assessment of the prevailing beach and sea conditions.</p> <p>There must also be a qualified lifeguard in attendance.</p> <p>The level of qualification looked for would be the RLSS Beach Lifeguard Award.</p>
<p><b><u>STAFFING RATIO:</u></b></p> <p>3 / 10</p>
<p><b><u>PROTECTIVE EQUIPMENT:</u></b></p> <p>If water is cold a wet suit should be considered. UV protection.</p>
<p><b><u>HAZARDS:</u></b></p> <ul style="list-style-type: none"> <li>• Rocks.</li> <li>• Tides</li> <li>• Large waves</li> <li>• Currents</li> <li>• Offshore winds</li> <li>• Unknown beach profile</li> <li>• Debris in sand,</li> <li>• Water quality</li> <li>• Water temperature</li> </ul>
<p><b><u>GUIDANCE:</u></b></p> <p>Swimming in the sea is a high risk activity and the leader should have a comprehensive management plan and approval from Bracknell Forest Council.</p> <p>RNLI: <a href="http://www.respectthewater.com/stay-safe/">http://www.respectthewater.com/stay-safe/</a></p> <p>DfEE: <a href="https://www.ase.org.uk/documents/p1340ahspv/p1.3-4.0a-hspv.pdf">https://www.ase.org.uk/documents/p1340ahspv/p1.3-4.0a-hspv.pdf</a></p>
<p><b><u>OTHER INFORMATION:</u></b></p> <p>Safety near water margins</p>