
	WALKING (HILL) IN SUMMER CONDITIONS	 Bracknell Forest Council
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<p><u>DESCRIPTION:</u></p> <p>Walking and leading groups in terrain classed as open, uncultivated, moorland upland, bog, fell, hill or down depending on the leaders qualification</p> <p>This is an AALA in scope activity.</p>
<p><u>QUALIFICATIONS:</u></p> <p>Mountain Leader Award – All categories</p> <p>Walking Group Leaders Award Leaders with this award are confined to terrain that is defined as: open, uncultivated, non-mountainous, upland, moor, bog, fell hill or down that is enclosed by well-defined geographical or man made boundaries such as classified roads. Areas that merge with mountain regions, which do not have well-defined boundaries and where movement on steep rocky terrain in either a planned or unplanned situation are excluded.</p>
<p><u>STAFFING RATIO:</u></p> <p>Ratios may vary according to terrain and conditions but there should never be more than 1/8.</p>
<p><u>PROTECTIVE EQUIPMENT:</u></p> <p>Warm clothing, windproof / water proof outer clothing and appropriate footwear.</p>
<p><u>HAZARDS:</u></p> <ul style="list-style-type: none"> • Weather conditions • Hypothermia • Slips and falls
<p><u>GUIDANCE:</u></p> <p>present or forecast irrespective of the season or time of the year. The leader must be an experienced hill walker who has attended a recognised training / assessment course relevant to the standard involved and to the season of the year. Leaders must have a thorough knowledge of the area being used. Specific BFC approval must be obtained via the online approval system.</p>
<p><u>OTHER INFORMATION:</u></p> <p>Mountain Leader Training England, Siabod Cottage, Capel Curig, Conwy LL24 0ES : http://www.mountain-training.org/home-nations/england</p> <p>Basic Expedition Leadership: The British Sports Trust: http://www.sportsleaders.org/</p>