
	<p><b>WALKING</b></p> <p><b>STREAM AND GORGE</b></p>	 <p><b>Bracknell Forest Council</b></p>
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**DESCRIPTION:**

Tracing the water courses of streams, or gorges generally where there is a flow of water. It should not be confused with coasteering.

**QUALIFICATIONS:**

There is no specific nationally approved qualification for this activity, but the instructor should have a qualification which may be relevant to the skills required to lead this activity such as Mountain Leader and/or climbing qualifications.

**STAFFING RATIO:**

At a basic level 1/12 with a minimum of two adults.

At any higher level 1/8 with a minimum of two adults.

Two adults are defined as one instructor and another adult who can act as an assistant.

**PROTECTIVE EQUIPMENT:**

Warm clothing, appropriate footwear, hard shell head protection.

**HAZARDS:**

- Streams in spate
- Very cold water
- Hyperthermia
- Drowning
- Injuries sustained from slips and falls

**GUIDANCE:**

This Activity should only take place under the supervision of appropriately qualified persons.

**OTHER INFORMATION:**

Snowsport England: <http://www.snowsportengland.org.uk/>